



# HANGAR TALK

## THE NEWSLETTER OF THE MINIATURE AERO SPORTSTERS

# **CLUB PRESIDENT-JACK DUNKLE**

From the President ...

Hey all, hope all is well and you survived the hail storm on 5/30. There was a lot of damage in my neighborhood of Green Valley Ranch with golf ball size hail. I checked the cameras at the field the next morning and all was good. The hail didn't hit that area so we got lucky.

Flying season is in full swing and there has been some nice crowds out flying. On a final note, it is predicted to be a hot summer so make sure you're out with a flying buddy (not alone) and you stay hydrated. Dehydration and sun stroke happens very fast and sometimes without warning. Stay Safe !!

Happy Flying, **Jack** 

### **COMING EVENTS CALENDAR**

MONTHLY MEETING JUNE 22ND AT 0900AM

#### **JUNE 2024**

# **2024 CLUB OFFICERS:**

## **PRESIDENT**:

Jack Dunkle 626-222-7630 jdunkle747@gmail.com

#### **VICE PRESIDENT :**

Sean Sutton 720-364-5130 huntersutton@gmail.com

#### **SECRETARY/TREASURER**:

Dan Brandenburger 720-270-8927 dbrandy100@msn.com

## **BOARD OF DIRECTORS:**

Mike Feitinger Mark Nicastle Bob Salmon

## **SAFETY**:

Ken Roberts kensandir@gmail.com

#### **FIELD MAINTENANCE:**

Open

#### **NEWSLETTER:**

Mike Feitinger mfight43@gmail.com



Jack Dunkle



Dan Brandenburger



Mike Feitinger



Ken Roberts



Sean Sutton



Bob Salmon



Mark Nicastle

Club Mailing Address: 19619 E. 50th Drive, Denver, CO 80249 www.MiniatureAeroSportsters.org

## **CLUB VICE PRESIDENT-SEAN SUTTON**

# Hey Gang,

Our Annual Open House Fly-In is right around the corner and I am so excited for this event to come! So dust off those projects you've been working on and get ready. I have said this before and I'll say it again; I am truly grateful and honored to be a part of this Flying Club. Not only do we have an amazing facility to fly our planes at, you couldn't ask for a better group of guys to be there with on any given day. This is one of the main reasons the Annual Open House is so special to me. The fact that (God willing, at least!) 48 of our Members, and maybe some future ones too, will show up with their best planes, eat delicious food and share in the pride we all have for our flying field.

As I anticipate seeing all of you fine pilots out there on September 21st, I would like to arrange for all members present to gather on the runway at some point for an epic group photo, of which I will be capturing with my camera drone so we can stuff all of you AND your planes into one memorable shot! Don't worry, if you can't make it to the event, I can photoshop your sorry mug into the picture later :)

See you soon! Sean

### **JUNE 2024**

#### **CLUB TREASURER-DAN BRANDENBURGER**

From the Treasurer -

Membership holding at 48. Club finances are in good shape. Picked up another \$50 from estate sale stuff - thanks to our VP Sean for the extra work and hustle!

Spring '24 field spruce-up underway. Current AMA sign for west side of the club house requested. Picnic tables done. Paint purchased for field entry posts and pilot table wood. Completion planned by end of June. Total cost of paint, stain, and supplies \$129.40 - labor cost, I work for hot dogs and donuts.

Thanks! Dan



# **SAFETY OFFICER-KEN ROBERTS**

# No Need to Debate, When It's Hot, You Must Hydrate



We've all experienced it at some point when working or playing hard– fatigue sets in, your mouth feels dry and your legs are heavy and maybe you even get a headache. These are all common signs of dehydration.

When you are working hard, body fluid is lost through sweat. If the fluid lost through sweat is not replaced, dehydration and early fatigue are unavoidable. Losing even 2% of body fluids (less than 3.5 pounds in a 180-pound person) can impair performance by increasing fatigue and affecting cognitive skills. During the summer heat it's easy to become dehydrated if you don't drink enough fluids to replace what is lost in sweat.

However, dehydration can easily be prevented

- When to drink: Ensure you drink before you start working, trying to catch-up for lost fluids after a period of time is very difficult. Also, drink before you get thirsty. By the time you're thirsty you are already dehydrated, so it's important to drink at regular intervals especially when it is hot outside.
- What to drink: Water is truly one of the best things to drink. Research also shows that a lightly flavored beverage with a small amount of sodium encourages people to drink enough to stay hydrated. The combination of flavor and electrolytes in a sports drink like Gatorade provides one of the best choices to help you stay properly hydrated.
- What not to drink: During activity, avoid drinks with high sugar content such as soda and even fruit juices. These are slow to absorb into the body. Also alcohol and caffeinated beverages should be avoided.

Many people ask how much to drink and that truly depends on your activity level and how much your body is losing fluids. In general, when you are working and sweating, you should drink at least every half-hour. Ensure you are drinking enough to replace your lost fluids. A good rule of thumb from a wise man says: "if you aren't urinating, you're not drinking enough". Hydration Calculator: <u>https://www.camelbak.com/en/hydrated/hydration-calculator</u>

## **JUNE 2024**



New Field photo taken by drone on May 24th for the website

#### Miniature Aero Sportsters Meeting Minutes / MAY 2024

- Meeting held in person at the field on May 25, 2024.
- Meeting Called to order by President Jack Dunkle at 9:00am.
- President Jack Dunkle-Present Vice President Sean Sutton-Present Treasurer Dan Brandenburger-Present Board member Mike Feitinger-Present Board member Mark Nicastle- Present Board member Bob Salmon-Not Present Safety Officer Ken Roberts- Present
- Attendees-11
- Treasurer's Report: Given by Dan, all accounts in good order, we are solvent. 48 members.
- Safety Officer Report: Ken talked about being careful when starting engines and working on models.
- Old business:
  - VP Sean still trying to sell engines from estate sales. Many engines still available.
  - Removed Orange fencing from spectator fence. Motion was made to not replace, seconded and passed.
  - Charging Station Upgrades: Old transmitter impound removed and area cleaned up.
  - Field signage update still in progress.
- New Business:
  - Ken Roberts mentioned creating better signage for the road (120th Ave) for identifying field during events.
  - Club officers are planning a meeting with Edward Jones broker about club investments soon.
  - President Jack Dunkle mentioned wanting to purchased crushed asphalt for entry road to improve it.
  - New tires purchased for trailer to haul tractor.

Motion to adjourn meeting at 9:32am.



# UNTIL NEXT TIME! A LITTLE HUMOR....

